



BlueGrass Renal Care

Quality is Never An Accident

www.bluegrassrenalcare.com

Phone: 859-263-1117 / Fax: 888-502-7513

BLOOD SUGAR RECORD

Name: _____ DOB: _____

Date:		Date:	
Fasting Blood Sugar:		Fasting Blood Sugar:	
Blood Sugar 2 hrs after breakfast:		Blood Sugar 2 hrs after breakfast:	
Blood Sugar 2 hours after lunch		Blood Sugar 2 hours after lunch	
Blood Sugar 2 hours after dinner		Blood Sugar 2 hours after dinner	
Date:		Date:	
Fasting Blood Sugar:		Fasting Blood Sugar:	
Blood Sugar 2 hrs after breakfast:		Blood Sugar 2 hrs after breakfast:	
Blood Sugar 2 hours after lunch		Blood Sugar 2 hours after lunch	
Blood Sugar 2 hours after dinner		Blood Sugar 2 hours after dinner	
Date:		Date:	
Fasting Blood Sugar:		Fasting Blood Sugar:	
Blood Sugar 2 hrs after breakfast:		Blood Sugar 2 hrs after breakfast:	
Blood Sugar 2 hours after lunch		Blood Sugar 2 hours after lunch	
Blood Sugar 2 hours after dinner		Blood Sugar 2 hours after dinner	
Date:			
Fasting Blood Sugar:			
Blood Sugar 2 hrs after breakfast:			
Blood Sugar 2 hours after lunch			
Blood Sugar 2 hours after dinner			

Please note any medications you are currently taking for your diabetes, including the doses.